

RECIPE FOR MAKING PLAY DOUGH

WHY?	WOW WORDS!
<ul style="list-style-type: none">• To develop and use imagination• To make observations and talk about actions to the dough and how it feels• To promote motor skill development	Hands / fingers / sculpt / mix / mould / stir / flour / build / add / feel / touch / dough / decorate / measure / sand / pour / knead / twist / squeeze / imprint / smooth / lumpy / press / poke / pinch / soft / hard / mark / roll

WHAT?

RECIPE INSTRUCTIONS: **You will need:** 1 cup of flour, 1 cup of salt, 2 cups of water, 1 tbsp oil, 2 tsp crème of tartar, food colouring, large bowl, spoon, items for moulding (eg. sticks, blunt cutlery, imprint stamps, cutters, rolling pin etc...).

1. Mix the flour and the salt together in the bowl
2. Add the water and a few drops of food colouring gradually. Keep stirring until the dough is very thick and becomes difficult to mix
3. Knead the dough to make the consistency smooth and lump-free
4. Store in a bag in the fridge and leave overnight
5. Take as much dough as needed to create your sculpture!

NB: This recipe for play dough should be kept in an air-tight container at room temperature (no need to keep it in the fridge). It will usually last for several months.

IDEAS FOR MAKING: The list is endless and children will have their own ideas, but here are a few... Animals / people / favourite characters / letter shapes / numbers / sea creatures / pirates / vehicles / fairies and princesses / mermaids / insects / food items etc... Your child may simply wish to explore the texture and properties of the play dough; feeling, squeezing and twisting, refining their motor skills and developing their use of the varying tools.